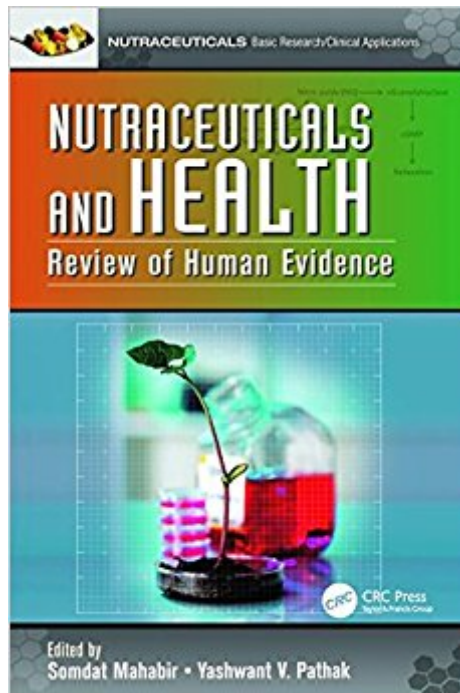


The book was found

# Nutraceuticals And Health: Review Of Human Evidence



## Synopsis

Although health claims for nutraceuticals range from the fantastic to the sublime, most of these claims are based on cell culture studies and have not been validated in humans, making them inadequate for public health recommendations. Focusing on human population-based research (epidemiology studies), *Nutraceuticals and Health: Review of Human Evidence* explores the role of nutraceuticals in human health, disease prevention, health promotion, and as an adjunct to disease treatment. The editors and their team of recognized experts deliver a comprehensive scientific review of the latest research. The book opens with a general background of nutraceuticals and human health, then covers health and disease areas such as cancer, lipidemia and cardiovascular disease, metabolic syndrome with obesity, diabetes and hypertension, respiratory health, the gut microbiome, and cognitive decline. It then concludes by addressing the methodological issues that must be addressed in the conduct of epidemiological research on nutraceuticals in health and disease. Although nutraceuticals hold significant promise in alleviating the suffering from disease, for this potential to be fulfilled, much more research is needed to document safety and disease risks in humans. Addressing important knowledge gaps, the book includes cutting-edge summaries that highlight both the biological and epidemiological findings of relevant studies of nutraceuticals in health and disease. Taking an unusual, yet crucial epidemiological focus, it examines whether, and what kinds of, evidence exist to support a role for nutraceuticals in disease risk, prevention, and treatment.

## Book Information

Series: Nutraceuticals

Paperback: 395 pages

Publisher: CRC Press; 1 edition (November 18, 2016)

Language: English

ISBN-10: 1138199990

ISBN-13: 978-1138199996

Product Dimensions: 9.2 x 1.1 x 6.2 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #856,792 in Books (See Top 100 in Books) #95 in [Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Diet Therapy](#) #320 in [Books > Medical Books > Allied Health Professions > Diet Therapy](#) #445 in [Books > Textbooks > Medicine &](#)

## Customer Reviews

"... contributors review the latest research on nutraceuticals related to the prevention and treatment of cancer, cardiovascular disease, obesity, diabetes, hypertension, respiratory disease, cognitive disorders, Parkinson's disease, and multiple sclerosis. The book also considers the importance of nutraceuticals to the maintenance of the intestinal microbiome, and the methodological difficulties in conducting human research in this area. In the current relatively unregulated marketplace in the US, issues of safety and risk are at the forefront in the discussions.

... Recommended."... A. P. Boyar, CUNY Herbert H. Lehman College in CHOICE Magazine, June 2014

[Download to continue reading...](#)

Nutraceuticals and Health: Review of Human Evidence Genomics, Proteomics and Metabolomics in Nutraceuticals and Functional Foods (Hui: Food Science and Technology) Genomics, Proteomics and Metabolomics in Nutraceuticals and Functional Foods Nutraceuticals: Efficacy, Safety and Toxicity Bisk CPA Review: Regulation, 43rd Edition, 2014 (Comprehensive CPA Exam Review Regulation) (Bisk Comprehensive CPA Review) (Cpa Comprehensive Exam Review. Regulation) Health Communication: From Theory to Practice (J-B Public Health/Health Services Text) - Key words: health communication, public health, health behavior, behavior change communications Nursing: Human Science And Human Care (Watson, Nursing: Human Science and Human Care) Population Mental Health: Evidence, Policy, and Public Health Practice (Routledge Studies in Public Health) Comprehensive Review Guide For Health Information: RHIA & RHIT Exam Prep (Tyson-Howard, Comprehensive Review Guide for Health Informat) Health Sciences Literature Review Made Easy (Garrard, Health Sciences Literature Review Made Easy) Understanding Human Behavior: A Guide for Health Care Providers (Communication and Human Behavior for Health Science) Bisk CPA Review: Financial Accounting & Reporting - 43rd Edition 2014 (Comprehensive CPA Exam Review Financial Accounting & Reporting) (Cpa Review ... and Reporting Business Enterprises) Clinical Anatomy and Osteopathic Manipulative Medicine: Complex Review (Board Review Series) (Modi, COMLEX Review) The living soil:: Evidence of the importance to human health of soil vitality, with special reference to post-war planning, Bisk CPA Review: Financial Accounting & Reporting - 41st Edition 2012 (Comprehensive CPA Exam Review Financial Accounting & Reporting) (Cpa ... Enterprises) (Bisk Comprehensive CPA Review) Brody's Regent Review: Living environment 2015: Regents review in less than 100 pages (Brody's Regents

Review) Sexual Health Information for Teens: Health Tips about Sexual Development, Human Reproduction, and Sexually Transmitted Diseases (Teen Health Series) Spoliation of Evidence: Sanctions and Remedies for Destruction of Evidence in Civil Litigation Federal Rules of Evidence 2017-2018 Statutory and Case Supplement to Fisher's Evidence (University Casebook Series) Federal Rules of Evidence 2016-2017 Statutory and Case Supplement to Fisher's Evidence (University Casebook Series)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)